**Sign of the Cross**

In the name of the Father,

and of the Son,

and of the Holy Spirit. Amen.

**Our Father**

Our Father, who art in heaven,

hallowed be thy name;

thy kingdom come,

thy will be done on earth as it is in Heaven.

give us this day our daily bread,

and forgive us our trespasses,

as we forgive those who trespass against us;

and lead us not into temptation but deliver us from evil. Amen.

**Hail Mary**

Hail Mary, full of grace,

the Lord is with you.

Blessed are you among women

and blessed is the fruit of your womb, Jesus.

Holy Mary, Mother of God,

pray for us sinners

now and at the hour

of our death. Amen.

**Glory Be (Doxology)**

Glory be to the Father,

And to the Son,

 And to the Holy Spirit,

As it was in the beginning,

Is now and ever shall be

world without end. Amen

**Act of Contrition**

My God,

I am sorry for my sins with all my heart.

In choosing to do wrong

and failing to do good,

I have sinned against you

whom I should love above all things.

I firmly intend to do penance,

to sin no more,

and to avoid whatever leads me to sin.

Our Savior Jesus Christ suffered and died for us.

In his name, my God, have mercy. Amen.

**Angel of God**

Angel of God, my guardian dear,

To whom God’s love commits me here.

Ever this day be at my side,

To light and guard, to rule and guide. Amen

**Morning Offering**

O Jesus, through the Immaculate Heart of Mary, I offer you all my prayers, works, joys, and sufferings of this day for all the intentions of Your most Sacred Heart,

In union with the most Holy Sacrifice of the

Mass throughout the world, in reparation for my sins, for the sins of the whole world, and for the protection of the Holy Father the Pope.

 I wish to gain all the indulgences

attached to the prayers I shall say and

the good works I shall perform this day. Amen.

**Apostle’s Creed**

I believe in God, the Father almighty,

Creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord,

(bow head)

who was conceived by the Holy Spirit,

born of the Virgin Mary,

suffered under Pontius Pilate,

was crucified, died and was buried;

he descended into hell;

on the third day he rose again from the dead;

he ascended into heaven,

and is seated at the right hand of God the Father almighty;

from there he will come to judge the living and the dead.

I believe in the Holy Spirit,

the holy catholic Church,

the communion of saints,

the forgiveness of sins,

the resurrection of the body,

 and life everlasting. Amen.

**Prayer to St. Michael**

St. Michael the Archangel,

defend us in battle;

be our defense against the

wickedness and snares of the devil.

May God rebuke him, we humbly pray.

And do you, O prince of the heavenly

hosts, by the power of God,

thrust into hell Satan and the evil spirits

who prowl about the world for

the ruin of souls. Amen.

**Divine Praises**

Blessed be God.

Blessed be his Holy Name.

Blessed be Jesus Christ,

True God and true Man.

Blessed be the Name of Jesus.

Blessed be his most Sacred Heart.

Blessed be his most Precious Blood.

Blessed be Jesus

in the most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God,

Mary most holy.

Blessed be her holy and

Immaculate Conception.

Blessed be her glorious Assumption.

Blessed be the name of Mary,

Virgin and Mother.

Blessed be St. Joseph, her most chaste spouse.

Blessed be God in his angels and in his saints.

Amen.

**Hail, holy Queen**

Hail, holy Queen, Mother of mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve. To thee to we send up our sighs, mourning and weeping in this valley of tears. Turn, then, most gracious advocate, thine eyes of mercy toward us, and after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

Pray for us, O holy Mother of God.
That we may be made worthy of the promises of Christ.