

Our Lady of Sorrows Confirmation Preparation
Confirmation Patron Saint Report

Each confirmation candidate chooses a saint as a patron and is confirmed under that patron saint's name.

A patron saint is someone already in heaven with whom we feel a connection, want to imitate, and from whom we request intercessions throughout life.

The tradition of taking on a new name reflects a new role in life. This is evident throughout the Scriptures, e.g. "Abram" was changed to "Abraham" which means "Father of Many Nations," and Simon was changed to "Peter" which means "Rock" because Jesus founded His Church upon him as the first pope." It is encouraged but not required. Baptismal names can be used if it is a saint's name.

Practical Guidelines in Selecting a Saint

- Try to learn about a lot of saints. That way you will make a better decision choosing your patron saint.
- When you choose a new name for your Confirmation, it should be the name of a saint you have read and learned about, admire and want to imitate. You should choose a saint that you want to be like.
- Be familiar with the saint's life.
- The saint should be someone you look up to as a hero.
- Begin to develop a personal devotion to this saint through prayer.

Saint Report Format

Directions: The report should be a typed essay with at least three paragraphs:

- 1) a brief biography of the saint in your own words
- 2) an explanation of why you selected this saint
- 3) ideas of how you will develop your devotion to this saint.

Include a picture of your saint if possible.

