

Service Hours for 2020-2021

Our Lady of Sorrows Confirmation program asks all Confirmation Candidates to complete service hours in the following categories:

Service to family and/or church – 3 hours

Service to community – 3 hours or class project

Service hours for Confirmation are a means of helping you become more aware of what it means to live the Gospel as a Catholic Christian! Jesus gave us two great commandments of love – love of God and love of neighbor. How do we show our love of God and neighbor? By living the corporal and spiritual works of mercy:

“... You shall love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: You shall love your neighbor as yourself.”

Mark 12:30-31

Corporal Works of Mercy

Feed the hungry
Give drink to the thirsty
Clothe the naked
Visit the sick
Shelter the homeless
Visit the imprisoned
Bury the dead

Spiritual Works of Mercy

Share knowledge
Give advice to those who need it
Comfort those who suffer
Be patient with others
Forgive those who hurt you
Give correction to those who need it
Pray for the living and the dead

The following are examples of living out the corporal and spiritual works of mercy:

*Babysitting or tutoring a young child
Volunteering at home
Visiting or writing someone who is sick
Writing to elderly person in a nursing home
Cutting grass or raking leaves
Making sandwiches for Food For Our Journey*

*Spending time in prayer, reading scripture
Visiting the Adoration Chapel to pray
Attending Mass in addition to Sunday Mass
Serving as an alter server at Mass
Record yourself reading a Bible story to share w/someone younger*

These are a few suggestions. The list is endless! Remember, you must not receive payment for the service and it should not be something you are supposed to do anyway.