

Our Lady of Sorrows Confirmation Preparation

Confirmation Sponsor

Each confirmation candidate is required to have a sponsor.
Parents are encouraged to assist their son/ daughter in the choosing process.

A sponsor is an adult who will help the candidate grow in and live their faith, both in preparation for Confirmation and throughout life.

Think about it and PRAY about it.

Practical Guidelines in Selecting a Sponsor

- The sponsor must be a faithful Catholic in good standing with the Church. This includes, but is not limited to, attending mass every Sunday, receiving the sacrament of Reconciliation regularly, cultivating a devout prayer life, and living a model life of service.
- The sponsor should strive to witness Christ by word and deed, to spread and defend the Catholic faith, and be involved in parish life.
- The sponsor should be someone who will help the candidate grows to full Christian maturity.
- Only one person (not two) may be selected as a Confirmation sponsor.
- Sponsor should be at least 16 years of age.

A child's parent may *not* be the Sponsor. As a parent, he/she already has the role of modeling and sharing the faith. The sponsor should support and help the parent in this role.

Sponsor Report Format

Directions:

- As part of the heading: include your name, sponsor name, sponsor mailing address and sponsor email address (picture would be nice but is optional)
- The sponsor report should be a 3 paragraph typed essay including:
 - 1) Brief biography on your sponsor – who he/she is.
 - 2) Why did you chose this person as your sponsor
 - 3) How have you and your sponsor agreed to further your faith relationship

Some Things to Think About...



- ❖ Is the sponsor baptized and confirmed and over the age of 16?
- ❖ If the sponsor is married was he/she married in the Catholic Church or has the marriage been blessed by the Catholic Church?
- ❖ Does the sponsor attend Mass on Sunday?
- ❖ Does the sponsor follow the teachings of the Catholic Church?
- ❖ Will this person help you grow in your faith and love God and neighbors more?
- ❖ Get to know your sponsor. Where did they grow up, what did they study, and what kind of jobs have they worked? Get to know them as a person and have them share their life experiences with you.
- ❖ Talk to the sponsor about how he/she has developed his/her relationship with God. What have been peak experiences? Moments of conversion? How have they witnessed God's presence?
- ❖ Talk to the sponsor about his/her favorite ways and places to pray.
- ❖ Talk to your sponsor about how he/she witnesses Christ and proclaims the faith in word and deed.
- ❖ Talk to the sponsor about how he/she daily lives out his/her participation in the church.
- ❖ Discuss similarities/differences you have with your sponsor.